Sample Weekly Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Breakfast						
Porridge, Cereals, Fresh Fruit Continental Breakfast Traditional Cooked Breakfast	Porridge, Cereals, Fresh Fruit Continental Breakfast Traditional Cooked Breakfast	Porridge, Cereals, Fresh Fruit Continental Breakfast Traditional Cooked Breakfast	Porridge, Cereals, Fresh Fruit Continental Breakfast Traditional Cooked Breakfast	Porridge, Cereals, Fresh Fruit Continental Breakfast Traditional Cooked Breakfast	Porridge, Cereals, Fresh Fruit Continental Breakfast Traditional Cooked Breakfast	Porridge, Cereals, Fresh Fruit Continental Breakfast Traditional Cooked Breakfast
Lunch						
Steak & Mushroom Pie with Mashed Potatoes & Vegetables Chicken Pasta Salad *** Pineapple Upside Down Cake	Pork Steaks with Honey & Wholegrain Mustard Sauce & Vegetables Poached Fish in Lemon & Parsley with New Potatoes & Green Beans *** Chocolate Brownie & Ice Cream	Shepherds Pie with Vegetables BBQ Pulled Pork Rolls with Salad *** Spiced Poached Pears	Creamy Tuscan Chicken with Mashed Potatoes Spaghetti Bolognaise *** Semolina & Apricot Puree	Fish & Chips with Mushy Peas Beef Meatballs in Tomato & Basil Sauce *** Lemon Meringue Pie	Lamb Stew with Dumplings & Mashed Potatoes Chicken Curry & Rice *** Apple & Cinnamon Crumble	Roast Topside of Beef with Potatoes, Vegetables and Gravy Chicken & Spinach Lasagna with Salad *** Rhubarb & Strawberry Crumble with Custard or Cream
Dinner						
Bubble & Squeak with Baked Beans Selection of Sandwiches Soup of the Day *** Strawberry Milk Jelly	Vegetarian Lasagna and Salad Selection of Sandwiches Soup of the Day *** Carrot Cake	Spanish Omelette Selection of Sandwiches Soup of the Day *** Fruit Cocktail & Cream	Jacket Potato with a choice of Filling Selection of Sandwiches Soup of the Day *** Jam Tart	Couscous & Chunky Roast Potatoes Selection of Sandwiches Soup of the Day *** Eton Mess	Vegi Pizza Selection of Sandwiches Soup of the Day *** Sticky Toffee Pudding	Buffet Dinner including a selection of Sandwiches, Sausage Rolls, Salad Soup of the Day *** Chocolate Brownie & Ice Cream